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SAVE THE DATE

SATURDAY
JUNE 19TH
2010

CROSS COUNTRY
COURSE: 7 AM

ROAD COURSE: 8 AM

SANCTUARY OF HOPE
2601 RIDGE AVE. KANSAS CITY, KS

FOUR OPTIONS TO PARTICIPATE:
5K CROSS COUNTRY COURSE
5K ROAD COURSE
DO THE DOUBLE
ONE MILE WALK

EARLY BIRD REGISTRATION FOR \$20
REGISTER ONLINE AT
WWW.SANCTUARYOFHOPE.ORG



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ENTRY FORM

Name _____

Team Name _____

Team Captain _____

E-mail _____

Daytime Phone _____

Address _____

City _____ State _____ Zip _____

Male ___ Female ___ DOB ___/___/___ Age on race day _____

**Double the Fun, Double the challenge, without double the cost!
Do the Double add \$10 to any basic fee.**

Early-bird registration (until April 30) Check One

- 5K Cross Country \$20 5K Road Run/Walk \$20
 Do the Double \$30

Adult Registration

(May 1-June 14) Check One

- 5K Cross Country \$25
 5K Road Run/Walk \$25
 Do the Double \$35
 Non-competitive 1 mile walk \$15

Youth Registration

(18 and under) Check One

- 5K Cross Country \$20
 5K Road Run/Walk \$20
 Do the Double \$30

Late Registration (June 15-19 race day) Check One

- 5K Cross Country \$35 5K Road Run/Walk \$35
 Do the Double \$45 Non-competitive 1 mile walk \$15

Ten for 10th Team (by June 14) Check One

- Register a team of 10 for \$200!
 5K Cross Country 5K Road Do the Double \$30

Circle T-shirt Size T-shirts cannot be guaranteed for entries received after June 8
Youth **M** Adult **S M L XL XXL**

Every entrant must sign the form. By signing the entry form, you agree to the following:

I know that running or walking a road and cross country race (the "event") is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I know also that, although police protection will be provided, there will be traffic on the course. I assume the risk of running in traffic. I assume also any and all other risks associated with running or walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, and the conditions of the roads and trails. I know and appreciate all such risks. Knowing these facts and, in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, assigns, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge Sanctuary of Hope and the Archdiocese of Kansas City in Kansas, and all race officials, volunteers, workers and sponsors, and their agents, employees, assigns or anyone acting for and on their behalf, from any and all claims or liability of death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event. Also, I give permission for the use of my name and picture in any broadcast, telecast, internet or print media account of this event. This Release and Waiver extends to all claims of any kind or nature whatsoever, whether foreseen or unforeseen. Applications from minors will be accepted only with a parent's signature. No headsets, roller skates, pets, skateboards, bikes or motorized vehicles allowed on the course. The race committee reserves the right to cancel the race due to inclement weather. There will be no refunds if the race is canceled.

Signature _____

Parent/guardian signature required if under 18

**Register online at www.sanctuaryofhope.org or
mail to: Sanctuary of Hope, Run the Good Race,
2601 Ridge Ave., Kansas City, KS 66102**

ENTRY FORM

Name _____

Team Name _____

Team Captain _____

E-mail _____

Daytime Phone _____

Address _____

City _____ State _____ Zip _____

Male ___ Female ___ DOB ___/___/___ Age on race day _____

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